



COLEBROOKE

A unique opportunity to experience the beautiful private grounds of one of the region's most important and historic stately homes whilst raising funds for the North West Mountain Rescue Team. These events are also suitable for walkers

Colebrooke 5K & 10K or Half Mile Mauler

Saturday 14 August 2021
Events start at 11:00am



Medals for all runners



All funds raised are in aid of the North West Mountain Rescue Team (Charity No NIC 100059)

Celebrating 40 years of service to our communities

Entries can only be made online at www.athleticsni.org/Fixtures

Join us to experience the magnificent location of Colebrook Park. The 5K is almost exclusively on road with a small section of trail. The 10K is a mixture of road and trail and you may get lucky to see some of the Sika, Fallow and Red Deer that roam the grounds.

The Half Mile Mauler is limited to 50 runners and is a fantastic opportunity for those wanting a different challenge with a lot of fun. It is not timed but you will get wet and dirty. The event starts with a one kilometre jog to warmup, following an old coach road through the beautiful estate. It leads to a half mile circuit known as the *Mauler* located behind Colebrooke House. The circuit has a river crossing and obstacles to challenge everyone. Complete the circuit five times to earn your stripes! A final one kilometre jog back to the start, allows you to lick your wounds and reflect on how well you survived the mauling.

HOW TO ENTER Entry fees: 5K - £10 / 10K - £15 / Mauler - £20
You can only register online for these events before 1200 hrs Fri 13 Aug 20.
Go to www.athleticsni.org/fixtures

Where and when do I report?

Saturday 14 August 2021
Colebrooke Parish Church Hall
8 Colebrooke Church Road
Enniskillen, BT94 4DU

What are the timings?

0945-1055 hrs - collect event number
1100 hrs - 10K starts
1102 hrs - 5K starts
1103 hrs - Half Mile Mauler starts



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to register
online

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For more information go to www.nwmrt.com or phone Graeme on 07900 192356



Your local volunteer rescue team